

Women's Personal Protection Course

Provided by

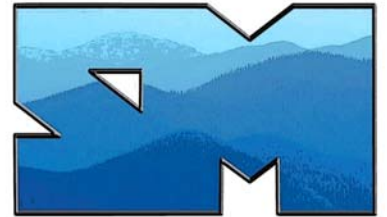


Pinnacle Combatives

A Division Of

Storm Mountain

Training Center, Inc.



This training course will be a one day event offered two times in March 2010.

Dates: Saturday, March 13th @ 9am until 5pm.

Saturday, March 20th @ 9am until 5pm.

Location: Ridgeley West Virginia Community Center

Price: **FREE – FREE – FREE**

Women of all ages (14 years and up)

You will be involved in classroom instruction, demonstration and practical application of the skills taught.

Topic areas:

- Crime statistics (local and national)
- Crime awareness
- Survival and Combative Mind set
- Real world techniques (strikes, kicks, elbows, pressure points)
- Pepper Spray
- Taser
- Kubotan
- And Much, Much more

Limited seating available so register early

contact Storm Mountain Training Center

304-446-5526

www.stormmountain.com