



High Intensity Carbine is an intermediate level course designed to develop carbine manipulation and marksmanship skills, under stress.

Students enrolling in this course need to have a firm grasp of marksmanship fundamentals and a working knowledge of their firearms. Additionally, there will be short bursts of intensive physical activity in this class. Students need

to arrive in adequate physical condition to run repeated 50 yard sprints and get into and out of shooting positions repeatedly.



This is a fast paced program that will provide instruction, demonstration and practical application of;

- Malfunction reduction
- Reloading
- Individual movement
- Use of less than optimal shooting positions
- Transition exercises from rifle/carbine to handgun
- Use of barricades
- Basic low light techniques
- Stress and movement drills

**Ammunition requirement:** Carbine-1000 rounds (min), Handgun-100 rounds (min).

**Prerequisite:** None, however, students need to arrive with a working knowledge of their firearms and a reasonable level of physical conditioning.

**Required equipment:**

- Carbine: A military pattern, semiautomatic, intermediate caliber carbine. AR PATTERN RIFLES ARE HIGHLY RECOMMENDED
- Electronic red dot sights are highly recommended. Carbines must be zeroed prior to arrival.
- Carbine Mounted Light: Attached to the carbine in a manner that allows for easy manipulation.
- Carbine Sling: One or two point sling that allows the carbine to be slung to the front of the body.
- Handgun: A service type handgun, 9mm/.38 SPL minimum, higher capacity is better.
- Magazines: Enough that you can come to the line with 60 rounds of carbine and 60 rounds of handgun ammunition on your person.
- Holster: Strong side, belt mounted, hip holster. NO shoulder, appendix, or IWB holsters.
- Mag Pouches: One carbine, two handgun, minimum. Belt mounted preferred, chest rigs are acceptable.
- Eye Protection: Clear eye pro at a minimum, recommend darker lenses as well.
- Ear Protection: Electronic ear muffs are mandatory.
- Clothing: Appropriate to the weather.
- Hat (baseball or boonie)
- Water

**Recommended Equipment:**

- Knee and Elbow Pads
- Snacks-Notebook / Pen
- Sun block

**Length/Cost:** 3 days, \$750.

**Dates:** November 10-12, 2017.